



# Issue 10

May/June 2011



# Injury Prevention News

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## → FEATURE STORIES

### **WORLD: IOBI welcomes UN Decade of Action for Road Safety**

The United Nations (UN) has declared 2011 to 2020 as the Decade of Action for Road Safety. It seeks “to stabilize and then reduce the forecast level of road traffic fatalities worldwide” by year 2020 by making our communities and streets safer wherever we live.

Developed with the support of the World Health Organization, the plan is to bring all concerned agencies, organizations, and groups, including all road users together; to strengthen preventive programs, improve trauma care, and monitor progress achieved.

For further information please click on the following link:

<http://www.decadeofaction.org/>

**SOURCE:** Decade of Action website



Decade of Action Tag projected onto Sydney Harbour

### **UK: Launch of the Decade of Action on Road Safety**

The Parliamentary Advisory Council for Transport Safety (PACTS) organised a key event in London on 11 May 2011 to mark the launch of the decade of action in the UK. The following links provide further details:

Programme: <http://www.pacts.org.uk/docs/pdf-bank/Decade%20of%20Action%20Programme.pdf>

Welcome: <http://www.pacts.org.uk/docs/pdf-bank/Welcome%20to%20the%20Launch%20of%20the%20Decade%20of%20Action%20for%20Road%20Safety2.pdf>

Presentations ('UK Decade launch...' links are grouped together): <http://www.pacts.org.uk/docs/pdf-bank/>

**SOURCE:** PACTS website



### **WORLD: World Health Assembly adopts resolution targeted at saving the lives of children from injury**

On 24 May 2011, the Sixty-fourth World Health Assembly adopted a resolution on child injury prevention, the first ever on the topic. The resolution, spurred by the WHO/ UNICEF World report on child injury prevention, provides a platform to support action on preventing child injuries, which are the leading cause of death for children over the age of 5 years. More than 830,000 children die each year from road traffic crashes, drowning, burns, falls and poisoning.

For further information please click on the following link:

[http://www.who.int/violence\\_injury\\_prevention/media/news/2011/24\\_05/en/](http://www.who.int/violence_injury_prevention/media/news/2011/24_05/en/)

**SOURCE:** WHO website



### **EUROPE: 3rd European conference on Injury Prevention - Milestone event measuring progress in EU-policy implementation**

The 3rd European Conference on Injury Prevention and Safety Promotion will be taking place in Budapest on 16-17 June 2011. It is a major international event bringing stakeholders in the prevention of accidents and injuries from Europe and other continents to exchange, debate and discuss the latest results in injury research, policies and practices. For further information click on the following link:

<http://www.eurosafe.eu.com/csi/eurosafe2006.nsf/wwwVwContent/AC15FB63E7823344C125785C002C992A?opendocument&context=7CEDCA0517D47B31C1257177003C9226>

**SOURCE:** Eurosafe website



## → FEATURE STORIES

### **ENGLAND & WALES: Department for Health announces early implementer health visiting sites**



Twenty sites have been selected to lead the way in delivering the new health visiting service. The new service, announced in February 2011, will improve the health and well-being of children, families and communities, and health visitors will play a central role in making this happen.

An extra 4,200 health visitors are being recruited over the next 4 years and ex-health visitors are being encouraged to return to the profession.

For further information please click on the following link: [http://www.dh.gov.uk/en/Aboutus/Features/DH\\_125650](http://www.dh.gov.uk/en/Aboutus/Features/DH_125650)

**SOURCE:** Department of Health

### **SCOTLAND: NHS Scotland publishes briefings on NICE accident prevention guidance**

If you work in Scotland, NHS Scotland, through Evidence for Action, has published briefings on accident prevention guidance from the National Institute for Health and Clinical Excellence (NICE). The purpose of these Scottish briefings is to help individuals and organisations to consider NICE public health guidance and identify any appropriate action, in a Scottish context.

For further information and to access these briefings please click on the following link:

<http://www.healthscotland.com/scotlands-health/evidence/NICE.aspx>

**SOURCE:** NHS Scotland

### **UK: Get ready for Child Safety Week, 20th - 26th June 2011!**

Child Safety Week is the Child Accident Prevention Trust's (CAPT) flagship community education campaign. Its aim is to secure a safer environment for children and younger people, free from accidental death, disability and serious injury, without wrapping children in cotton wool.

CAPT's Child Safety Week resources are designed to help support work with local families by offering practical and fun ways to engage families about accident prevention.

Please click on the following link to access to CAPT's Child Safety Week Resources:

<http://www.childsafetyweek.org.uk/child-safety-week/>

**SOURCE:** CAPT website

**Child Safety Week 20th - 26th June 2011**  
Take a second look for safety

### **ENGLAND, WALES & NORTHERN IRELAND: Audit highlights patchy falls service**

There is unacceptable variation in the quality of NHS services for the care and prevention of falls and fractures, an audit reveals. *The National Audit of Falls and Bone Health in Older People* calls for more prevention in this area. It recommends that health and local authority commissioners should provide therapeutic exercise programmes for older people to prevent falls, and says emergency departments and minor injury units should introduce routine screening for falls risk and osteoporosis among older people presenting with falls and fractures.

For further information please click on the following link:

<http://www.rcplondon.ac.uk/resources/national-audit-falls-and-bone-health-older-people>

**REPORT SOURCE:** Royal College of Physicians

**FURTHER COMMENT:** BMA News



### **AUSTRALIA: Rifle buy-back reduces suicide**

TEN years of suicide data after John Howard's decision to ban and then buy back 600,000 semi-automatic rifles and shotguns has had a dramatic effect.

The buyback cut firearm suicides by 74 per cent, saving 200 lives a year, according to research to be published in *The American Law and Economics Review*.

For further information click on the following link: <http://aler.oxfordjournals.org/content/12/2/462.abstract>

**REPORT SOURCE:** The American Law and Economic Review

**FURTHER COMMENT:** Injury Prevention Global News Highlights

## ➔ FEATURE STORIES

### **WORLD & UK: World Elder Abuse Day and ongoing prevention work**

Growing concern about elder abuse led to the establishment in 2006 of the annual World Elder Abuse Day held every 15th June.

The linked annual world day conference is also being held this year in London on 17th June 2011.

Further details, background information and resources are available on the 'International Network for the Prevention of Elder Abuse (INPEA)' website: <http://www.inpea.net/weaad.html>

The charity 'Action on Elder Abuse' has been set up to challenge elder abuse in the UK and also provides support in the Republic of Ireland.

Further information on services and resources provided by the organisation, and also campaigns and latest national developments are available on the website: <http://www.elderabuse.org.uk/>



**SOURCE:** INPEA website, Elder Abuse website

### **WALES: Firebrake Wales Research with Local Mind Associations (LMAs) and Community Drug and Alcohol Teams (CDATs)**

Firebrake Wales have collaborated with LMAs and CDATs, to produce reports detailing the impact that mental health issues and alcohol misuse have on fire safety in Wales. The reports also provide suggestions on what can be done to mitigate these risks. For further information and to download these reports, please click on the following link: <http://www.firebrake.org/en/facts/documents.php>



**SOURCE:** Firebrake Wales & Beaufort Research

### **EUROPE: In-vehicle driver distraction**

The European Transport Safety Council (ETSC) has published a new report on minimising in-vehicle distraction, which is part of ETSC's PRAOSE project, "Preventing Road Accidents and Injuries for the Safety of Employees". Vehicles are increasingly becoming "moving offices", an environment in which employees are likely to receive or make phone calls, check text messages or even check their e-mails, without appreciating the enormous road risk that this type of behaviour poses while driving to work.

For further information please click on the following link: <http://www.etsc.eu/PRAISE-publications.php>

**REPORT SOURCE:** European Transport Safety Council

**FURTHER COMMENT:** Injury Prevention Global News Highlights



## ➔ TOOLS AND GUIDES

### **WALES: Children in Wales release new home safety guides**

Children in Wales have developed new bilingual home safety guides to help health visitors, practitioners, families and other organisations, prevent home accidents in children under 5 years. The guides have been specifically designed to prevent home accidents that commonly cause serious, fatal and disabling injuries in children under 5 years.

To access these guides, please click on the following link:

<http://www.childreninwales.org.uk/areasofwork/childsafety/homesafety/index.html>

**SOURCE:** Children in Wales website



### **WORLD: WHO releases new series of short courses on violence and injury prevention**

Violence and Injury prevention short courses provide a complete training resource for facilitators around the world. Each course addresses a specific injury or violence area and is designed to be delivered over 2-5 days.

These "trainings in a box" can be downloaded from the WHO website for free:

[http://www.who.int/violence\\_injury\\_prevention/capacitybuilding/courses/en/index.html](http://www.who.int/violence_injury_prevention/capacitybuilding/courses/en/index.html)

**SOURCE:** WHO website





## STRATEGIES AND CONSULTATIONS

### **ENGLAND & WALES: Institute of Home Safety's response to the Public Health Outcomes Framework consultation**

The Institute of Home Safety seeks to promote home safety at all levels and to support those working in the field. It has provided a response to the Public Health Outcomes Framework. For further information about the Public Health Outcomes Framework please click on the following link:

[http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH\\_122962](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_122962)

To download the Institute of Home Safety's response to this framework please click on the following link:

[http://www.injuryobservatory.net/documents/IHS\\_PH\\_Outcomes\\_Framework\\_response.doc](http://www.injuryobservatory.net/documents/IHS_PH_Outcomes_Framework_response.doc)

**SOURCE:** Department of Health



Healthy Lives, Healthy People:  
Transparency in Outcomes  
Proposals for a Public Health Outcomes  
Framework  
A Consultation Document

### **GREAT BRITAIN: New Strategic Framework for Road Safety**

The Government's new Strategic Framework for Road Safety was launched on 11 May 2011 to coincide with the launch of the UN Decade for Action on Road Safety.

This sets out the Government's approach to continuing to reduce killed and seriously injured casualties on Britain's roads. The focus is on increasing the range of educational options for drivers who make genuine mistakes and can be helped to improve, while improving enforcement against the most dangerous and deliberate offenders. Additionally, at the local level, there will be an increase in the road safety information that is available to local citizens.

Further information: <http://www.pacts.org.uk/ministerial-statements.php?id=5>

**SOURCE:** Department for Transport      **FURTHER COMMENT:** PACTS website



## INJURY PREVENTION CAMPAIGNS

### **SWITZERLAND: Swiss snow sports safety campaign**

The Swiss Council for Accident Prevention (bfu) conducted a snow sports safety campaign from 2007—2010 with the slogan "1000 Accidents a Day". The major aim of the campaign was to promote helmet wearing among skiers and snowboarders. The campaign was particularly targeted at novice snow sport men and women aged 18-25 years. The evaluation confirmed that the campaign concept had a strong impact and succeeded in reaching the target groups and achieving acceptance of the main campaign message.



For further information: [o.bruegger@bfu.ch](mailto:o.bruegger@bfu.ch)

**REPORT SOURCE:** BFU

**FURTHER COMMENT:** Eurosafe Newsletter Alert

### **WORLD: Warning on sleep positioners**

The American Academy of Pediatrics (AAP) shares the concerns of Consumer Product Safety Commission (CPSC) and the Food and Drug Administration (FDA) on the safety of sleep positioners, and urges parents not to use these products. Sleep positioners are flat mats with side bolsters or inclined (wedge) mats with side bolsters. They can increase the risk of babies suffocating. The AAP also recommends that parents never use pillows, stuffed animals heavy blankets or other soft or puffy items in babies' cribs. Soft bedding can end up over their face and block their breathing. Babies should have their own crib, with a firm mattress and a fitted sheet.

For further information please click on the following link:

[http://www.aap.org/advocacy/washing/AAPStatementonFDA\\_CPSC\\_SleepPositioners\\_FINAL-09.29.10.pdf](http://www.aap.org/advocacy/washing/AAPStatementonFDA_CPSC_SleepPositioners_FINAL-09.29.10.pdf)

**REPORT SOURCE:** American Academy of Pediatrics

**FURTHER COMMENT:** Injury Prevention Global news highlights

### **CANADA: New Consumer Product Safety Act becomes Law**

After almost 5 years of actively advocating for a comprehensive overhaul of Canada's product safety legislation, Safe Kids Canada is extremely pleased to announce that Bill C-36: The Consumer Product Safety Act was passed on 15 December with support from all political parties. This Bill brings Canada's product safety law up to standards of those in the USA and the EU.

For further information please click on the following link: <http://www.hc-sc.gc.ca/cps-spc/legislation/acts-lois/ccpsa-lcspc/index-eng.php>

**SOURCE:** Health Canada website

## INJURY STATISTICS AND DATA

### **ENGLAND & WALES: Coroner increasing narratives and their impact on suicide rates**

The Office for National Statistics have conducted a recent analysis and conclude:

“Since 2001 narrative verdicts have been more widely used by coroners. In some cases it can be difficult to code the underlying cause of death from the information provided by the coroner in the narrative. ONS and other organisations have been concerned about the impact of narrative verdicts on the quality of the statistics on cause of death. The increase in the use of narrative verdicts has not had a statistically significant impact on published suicide rates in England and Wales and so no revision to these rates is needed. However, if current trends in the use of narrative verdicts continue, the effect on mortality rates may become large enough to affect the reliability of National Statistics.”

Although ONS have concluded that suicide rates at national level are currently reliable, we think this could potentially skew local rates. Those undertaking local suicide audits will need to ensure that they capture all relevant deaths.



**REPORT SOURCE:** Office for National Statistics 'Health Statistics Quarterly 49, Spring 2011'  
<http://www.statistics.gov.uk/CCI/article.asp?ID=2645>

**FURTHER COMMENT:** South West Public health Observatory

### **ENGLAND: Hospital admissions due to injury in children and young people**

Local Authority and Regional comparisons of total injury-related hospital admissions in children and young people aged 0-17 years have been updated for the years 2007/08 to 2009/10. This shows that admissions increased to 135,750 in 2009/10 following the dip of 129,231 in 2008/09, and that there was an increase across all the Regions. There is also a north/south regional divide, with significantly higher rates of admissions for residents in the North East, North West and Yorkshire and Humber regions compared to the England average.

There is, however, significant variation at Local Authority level. Liverpool MCD, with 1,854 admissions for residents in 2009/10, had by far the highest Local Authority rate at 216.8 per 10,000 population, followed by Middlesbrough UA (197.7) and Hastings CD (197.4). The lowest rates were seen in Camden LB (68.0), East Cambridgeshire CD (68.9) and Forest Heath CD (70.4).

For further details please see: <http://www.swpho.nhs.uk/default.aspx?RID=41062>

**Note:** A 2010/11 update will be released later this year once the data source has been finalised.

**SOURCE:** South West Public Health Observatory

### **ENGLAND: External causes and place of death**

A recent report examines variation in deaths by external cause in England in the years 2007-2009, with a particular focus on information relevant to end of life care.

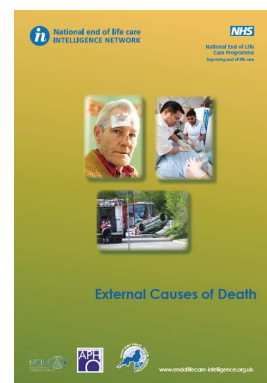
Variation is shown by age group, sex, external cause and place of death.

The external cause categories examined are: injuries; complications of care and other causes; falls and other accidental injury; poisoning, toxicants & unspecified; intentional self-harm; transport accident; burns & frost bite; assault. Distinction is also made between the initiating/'underlying' cause and combined initiating and contributory causes.

The report 'External Causes of Death' was produced by the South West Public Health Observatory for the National End of Life Care Intelligence Network

To download the report please click on the following link: <http://www.endoflifecare-intelligence.org.uk/view.aspx?rid=117>

**SOURCE:** South West Public Health Observatory



### **UK: Water deaths and injuries data published**

A new resource has been launched to collect and share better data on fatal and non-fatal drownings, injuries and near misses.

The Water Incident Database (WAID) has been developed by the National Water Safety Forum to address the lack of data and information on water-related deaths and injuries.

For further information and to access WAID please click on the following link:

<http://www.nationalwatersafety.org.uk/waid/index.asp>

**SOURCE:** National Water Safety Forum



## INJURY STATISTICS AND DATA

### ENGLAND & WALES: Injury and Poisoning Mortality, 2009

The latest national level report on injury and mortality was released by the Office for National Statistics on 1 March 2011.



Key points include:

- 17,878 deaths from external causes of injury and poisoning in England and Wales in 2009, of which 11,190 (63%) were male and 6,688 (37%) were female
- More than three quarters (79%) of the female deaths were classified as unintentional, compared with 63% for males.
- Injury and poisoning deaths accounted for 3.6 per cent of all registered deaths
- The most common mechanisms for accidental deaths among males were falls and transport (26 and 25 per cent respectively). In female, falls were the most common known cause (35%) of accidental deaths, and transport accounted for 10% of such deaths
- The age-standardised mortality rate for transport accidents fell 30 per cent between 2001 and 2009, from 57 deaths per million population in 2001, to 40 deaths per million in 2009
- A third (33%) of male injury and poisoning deaths in 2009 were due to suicide (intentional self-harm and event of undetermined intent) compared with 17 per cent for females. The most common mechanisms for suicide deaths were suffocation (56% and 38% for males and females respectively) and poisoning (19% and 35% respectively).

To access the statistical bulletin and accompanying national trend data tables for 2005 to 2009 please click on the following link:  
<http://www.statistics.gov.uk/StatBase/Product.asp?vlnk=621&Pos=&ColRank=1&Rank=192>

**SOURCE:** Office for National Statistics

### IRELAND: New data show that roads deaths in Ireland halved over the past decade.

New data published by the Road Safety Authority and An Garda Síochána show that the number of road deaths in Ireland decreased by 48% between 2001 and 2010. The number of people seriously injured decreased by 58% during the same period. The largest decreases in fatalities occurred among pedal cyclists (75%), motor cyclists (66%) and pedestrians (54%).

Year	Killed	Seriously injured	Killed or seriously injured
2001	411	1417	1828
2002	376	1150	1526
2003	335	1009	1344
2004	374	877	1251
2005	396	1021	1417
2006	365	907	1272
2007	338	860	1198
2008	279	835	1114
2009	238	640	878
2010	211	592	803
<b>% change 2001-2010</b>	<b>-48%</b>	<b>-58%</b>	<b>-56%</b>

For further information please click on the following link:

[http://www.rsa.ie/Utility/News/2011/Research-Reveals-Road-Deaths-Halved-Over-Last-Decade-/](http://www.rsa.ie/Utility/News/2011/Research-Reveals-Road-Deaths-Halved-Over-Last-Decade/)

**SOURCE:** Road Safety Authority    **FURTHER COMMENT:** Steve Barron

## RESEARCH NEWS

This section highlights important new research findings from the scientific literature.

Each week CAPIC staff screen research abstracts produced by SafetyLit (<http://www.safetylit.org/>) the injury prevention literature update produced by San Diego State University in collaboration with the World Health Organization. The amount of literature is large and growing with about 120 publications each week and it is hard for anybody to keep up with this information. Many people prefer to read summary documents which bring together the evidence from many studies

CAPIC provides a searchable database of all summary reviews of injury prevention

[http://www.capic.org.uk/systematic\\_reviews.html](http://www.capic.org.uk/systematic_reviews.html).

This section of the newsletter identifies notable individual studies which contain important new information for prevention.

### **A randomized controlled trial of home injury hazard reduction: The HOME Injury Study**

An intervention to reduce exposure to hazards in homes led to a 70% reduction in the rate of modifiable medically attended injury.

**Authors:** Kieran J. Phelan, MD, MS; Jane Khoury, PhD; Yingying Xu, MS; Stacey Liddy, MS; Richard Hornung, PhD; Bruce P. Lanphear, MD, MPH

**Reference:** Arch Pediatr Adolesc Med. 2011;165(4):339-345.

### **Effect of drug law enforcement on drug market violence: A systematic review.**

The report findings suggest that increasing drug law enforcement is unlikely to reduce drug market violence. Instead, the existing evidence base suggests that gun violence and high homicide rates may be an inevitable consequence of drug prohibition and that disrupting drug markets can paradoxically increase violence. In this context, and since drug prohibition has not meaningfully reduced drug supply, alternative regulatory models will be required if drug supply and drug market violence are to be meaningfully reduced.

**Authors:** Werb D, Rowell G, Guyatt G, Kerr T, Montaner J, Wood E.

**Reference:** Int. J. Drug Policy 2011; ePub

### **Psychosocial interventions for the prevention of depression in older adults: Systematic review and meta-analysis**

Psychosocial interventions have a small but statistically significant effect in reducing depressive symptoms among older adults. The current evidence base for psychosocial interventions for primary prevention of depression in older people is weak, and further trials warranted especially for the most promising type of interventions evaluated, that is, social activities.

**Authors:** Forsman AK, Schierenbeck I, Wahlbeck K.

**Reference:** J. Aging Health 2011; 23(3): 387-416.

### **Effectiveness of injury prevention programs in female youth soccer: a systematic review.**

On the basis of the results of five high-quality studies, this review help to demonstrate the effectiveness of injury prevention programs in female youth soccer players. However, the number of studies investigating such intervention programs should be increased. To strengthen the enduring effect of injury prevention the development of joyful and playful programs especially for female youth soccer players may be an option to construct successful intervention programs. This project was supported by the Youth Soccer Foundation

**Authors:** Lerch C, Cordes M, Baumeister J.

**Reference:** Br. J. Sports Med. 2011; 45(4): 359.

### **Adolescent development and risk of injury: using developmental science to improve interventions**

The authors examine the role that typical developmental processes play in the way adolescents perceive and respond to risk and how this integrated body of developmental research adds to our understanding of how to do injury prevention with adolescents. They then highlight strategies to improve the translation of developmental research into adolescent injury prevention practice, calling on examples of existing interventions including graduated driver licensing.

**Authors:** Sara B Johnson, Vanya C Jones

**Reference:** Inj Prev 2011;17:50-54 doi:10.1136/ip.2010.028126


**RESEARCH NEWS**
**Effectiveness of ignition interlocks for preventing alcohol-impaired driving and alcohol-related crashes: a Community Guide systematic review.**

According to Community Guide rules of evidence, these findings provide strong evidence that interlocks, while they are in use in offenders' vehicles, are effective in reducing re-arrest rates. However, the potential for interlock programs to reduce alcohol-related crashes is currently limited by the small proportion of offenders who participate in the programs and the lack of a persistent beneficial effect once the interlock is removed. Suggestions for facilitating more widespread and sustained use of ignition interlocks are provided.

**Authors:** Elder RW, Voas R, Beirness D, Shults RA, Sleet DA, Nichols JL, Compton R.

**Reference:** Am. J. Prev. Med. 2011; 40(3): 362-76.

**Prevention of sport injury II: a systematic review of clinical science research**

The authors found only 139 publications in the existing literature that examined interventions designed to prevent sports injury. Of these, the majority investigated equipment or training interventions whereas only 4% focused on changes to the rules and regulations that govern sport. The focus of intervention research is on acute injuries in collision and contact sports whereas only 20% of the studies focused on non-contact sports.

**Authors:** McBain K, Shrier I, Shultz R, Meeuwisse WH, Klügl M, Garza D, Matheson GO.

**Reference:** Br. J. Sports Med. 2011; ePub

**Universal school-based prevention programs for alcohol misuse in young people.**

This review identified studies that showed no effects of preventive interventions, as well as studies that demonstrated statistically significant effects. There was no easily discernible pattern in characteristics that would distinguish trials with positive results from those with no effects. Most commonly observed positive effects across programs were for drunkenness and binge drinking. Current evidence suggests that certain generic psychosocial and developmental prevention programs can be effective and could be considered as policy and practice options. These include the Life Skills Training Program, the Unplugged program, and the Good Behaviour Game. A stronger focus of future research on intervention program content and delivery context is warranted.

**Authors:** Foxcroft DR, Tsertsvadze A.

**Reference:** Cochrane Database Syst. Rev. 2011; 5(online): CD009113.

**Systematic reviews of t'ai chi: an overview.**

Many systematic reviews of t'ai chi have recently been published; however, the evidence is convincingly positive only for fall prevention and for improvement of psychological health.

**Authors:** Lee MS, Ernst E.

**Reference:** Br. J. Sports Med. 2011; ePub

**National Suicide Research Foundation Research Bulletin**

Ireland's National Suicide Research Foundation has published its eighth Research Bulletin. The main objective of the Bulletin is to provide regular updates of our research findings to a wide range of relevant agencies and professionals in the health and community care services, thereby helping to provide an evidence base for suicide prevention programmes and related work. The current Bulletin reports on:

- The rate of change in deliberate self harm in Ireland between 2007 and 2009.
- Piloting and maintaining the Suicide Support and Information System.
- Suicide and deliberate self harm in older adults.

The Bulletin can be accessed at <http://www.nsrif.ie>

## ➔ RESEARCH NEWS

### Developing a multi-systemic fall prevention model, incorporating the physical environment, the care process and technology: a systematic review

Using the multi-systemic fall prevention model, hospitals should promote a practical strategy that benefits from the collective effects of the physical environment, the care process and culture and technology to prevent falls and fall-related injuries. By doing so, they can more effectively address the various risk factors for falling and therefore, prevent falls. Studies that test the proposed model need to be conducted to establish the efficacy of the model in practice.

**Authors:** Choi YS, Lawler E, Boenecke CA, Ponatoski ER, Zimring CM.

**Reference:** J. Adv. Nurs. 2011; ePub

## ➔ WHAT'S IN THE NEWS

This section of the newsletter contains injury prevention related news stories from the last 4 months.



### Child sunbed use: Firms face huge fines

Businesses in England and Wales that allow under-18s to use sunbeds risk being fined up to £20,000 under new legislation.

**Full Story -** <http://www.bbc.co.uk/news/health-12998030>

### Hospital records of violence fall further

The number of people treated in hospital after violent injury fell in England and Wales in 2010.

**Full Story -** <http://www.bbc.co.uk/news/uk-13125889>



### Stretching before running 'does not prevent injury'

Stretching before running does not necessarily prevent injury a US study of over 2,700 has suggested.

**Full Story -** <http://www.bbc.co.uk/news/health-12459173>



### Workplace safety checks at risk from cuts

The Health and Safety Executive (HSE) is proposing to reduce unannounced workplace inspections by a third, the BBC has learned.

**Full Story -** <http://www.bbc.co.uk/news/business-12621073>



### Growing calls for the use of ski helmets to prevent injuries

There are growing calls for the use of helmets amongst skiers after one of the worst months ever for fatalities on Austria's ski slopes

**Full Story -** <http://www.bbc.co.uk/news/world-europe-12803043>



### Compulsory cycle helmets – what's the proof

Examining the evidence following Northern Ireland Assembly's vote for compulsory cycle helmets

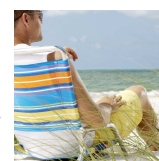
**Full Story -** <http://www.bbc.co.uk/news/health-12333783>



### Skin cancer rates: fear for young in UK

More than two people under 35 in Britain are diagnosed each day with malignant melanoma - the deadliest form of skin cancer - new figures reveal.

**Full Story -** <http://www.bbc.co.uk/news/health-12970061>



### Health and safety inquiry launches in Aberdeen

An inquiry into health and safety in Scotland has been launched in Aberdeen.

**Full Story -** <http://www.bbc.co.uk/news/uk-scotland-12951642>



### Lives put at risk as hospitals fail to fix safety problems

Patients' lives are being put at "unnecessary risk" because hospitals are failing to comply with safety alerts to reduce accidents and mistakes, campaigners have warned

**Full Story -** <http://www.telegraph.co.uk/health/healthnews/8338887/Lives-put-at-risk-as-hospitals-fail-to-fix-safety-problems.html>

### Safety scares over buggies after toddlers slice off fingertips

Two pushchair manufacturers have issued safety alerts after their prams trapped the fingers of some children and adults who used them

**Full Story -** <http://www.independent.co.uk/life-style/health-and-families/health-news/safety-scares-over-buggies-after-toddlers-slice-off-fingertips-2194479.html>

## WHAT'S IN THE NEWS

### **Cardiff Prof Judith Hall invents jabs safety system**

A Cardiff University professor has invented a device to stop potentially fatal injections of drugs or even air into the wrong part of the body.

Full Story - <http://www.bbc.co.uk/news/uk-wales-12608471>

### **Elderly heavy drinking 'epidemic' in Wales**

An alcohol charity claims there a "silent epidemic" of heavy drinking among elderly people in Wales

Full Story - <http://www.bbc.co.uk/news/uk-wales-13546839>



### **Britain's most accident-prone street made safe... with bubble wrap**

The most accident-prone street in Britain has been given the ultimate safety blanket - 1,500 sq metres of bubble wrap.

Full Story - <http://www.dailymail.co.uk/news/article-1246509/Britains-accident-prone-street-safe-bubblewrap.html#ixzz1NSzEzcJO>

### **Smartphone app offers Lincolnshire's bikers safety tips**

A new smartphone app has been designed to help to reduce the number of motorcyclists killed or injured on Lincolnshire's roads.

Full Story -

[http://www.bbc.co.uk/news/uk-england-lincolnshire-13225601#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-england-lincolnshire-13225601#story_continues_1)

### **Elderly befriending scheme in Powys receives £960,000**

A group has won a £960,000 grant to set up a scheme in mid Wales to befriend older people who live on their own.

Full Story -

[http://www.bbc.co.uk/news/uk-wales-mid-wales-13361929#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-wales-mid-wales-13361929#story_continues_1)



### **Late night drinking venues go 'glass-free' in Mansfield**

A number of late-opening pubs and bars in Mansfield are going "glass-free" over Easter in a trial move.

Full Story -

[http://www.bbc.co.uk/news/uk-england-nottinghamshire-13169445#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-england-nottinghamshire-13169445#story_continues_1)

### **Speed cameras to be switched off in England and Wales**

There will be more deaths and injuries on the roads as hundreds of speed cameras are switched off, road safety groups say.

Full Story - <http://www.bbc.co.uk/newsbeat/12922161>

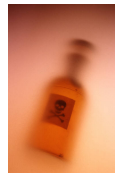


### **Increase in accidental poisoning of children in Jersey**

Parents are being warned to keep medication and other dangerous products away from children.

Full Story -

<http://www.bbc.co.uk/news/world-europe-jersey-12846478>



### **Hundreds 'sue local authorities over child abuse'**

Hundreds of young people are trying to sue local authorities in England and Wales for failing to remove them from abusive homes, lawyers are claiming.

Full Story - [http://www.bbc.co.uk/news/uk-12764054#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-12764054#story_continues_1)



### **Alcohol-related hospital admissions reach record level**

The number of alcohol-related hospital admissions in England has topped one million for the first time, according to official statistics.

Full Story - [http://www.bbc.co.uk/news/health-13559455#story\\_continues\\_1](http://www.bbc.co.uk/news/health-13559455#story_continues_1)



### **Scottish Borders minimum alcohol price support move**

The administration of Scottish Borders Council is seeking support for moves to set a minimum unit price for alcohol.

Full Story -

[http://www.bbc.co.uk/news/uk-scotland-south-scotland-13437708#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-scotland-south-scotland-13437708#story_continues_1)



### **Crime study highlights teenage knife carrying**

Thirteen per cent of 13 to 15-year-olds know someone who has carried a knife for protection, a survey has suggested.

Full Story -

[http://www.bbc.co.uk/news/uk-13455932#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-13455932#story_continues_1)



### **BBC Introducing in Essex supports police '2Smart' tour**

BBC Introducing in Essex is working with a number of organisations to educate young people on bullying, alcohol, drugs and knife crime.

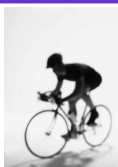
Full Story -

[http://www.bbc.co.uk/news/uk-england-essex-13093805#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-england-essex-13093805#story_continues_1)

## WHAT'S IN THE NEWS

### Exeter taking part in World Naked Bike Ride

About 100 people have signed up for a naked cycle ride through Exeter to highlight how vulnerable cyclists are on the road.



Full Story - <http://www.bbc.co.uk/news/uk-england-devon-13380981>

### North Wales seaside towns' anti-social crackdown

Anti-social behaviour in seaside areas of Denbighshire and Conwy is being tackled by extending measures which prevent groups congregating to drink.

Full Story -

[http://www.bbc.co.uk/news/uk-wales-north-west-wales-13249893#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-wales-north-west-wales-13249893#story_continues_1)

### Councils urged over 'threatened' local roads

Increasing traffic, harsh winters and less money for maintenance is impacting on the quality of local roads in England, the Audit Commission says.

Full Story - <http://www.bbc.co.uk/news/uk-13555408>

### Death-by-dangerous-cycling law considered

Cyclists who kill or seriously hurt pedestrians could be prosecuted like dangerous drivers under new laws being considered by the government.



Full Story -

[http://www.bbc.co.uk/news/uk-politics-13034162#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-politics-13034162#story_continues_1)

### Campaign launched over 'dazzling' HID car headlamps

The headlamps - called HIDs and commonly referred to as bi-xenon - are much brighter than traditional headlights and are sold as a safety feature. But some road-users claim they are often dazzled by the lights, making pedestrians and cyclists difficult to see.

Full Story - <http://www.bbc.co.uk/news/uk-13143206>

### 64 road deaths and 650 injuries 'could be prevented'

Sixty-four road deaths a year could be prevented if all cars were fitted with the latest safety equipment, a study has claimed.



Full Story - <http://www.bbc.co.uk/news/uk->

### Potholes: compensation warning to councils in Wales

A road safety charity has warned that councils in Wales face escalating compensation pay-outs unless they take a new approach to road repairs.

Full Story -

[http://www.bbc.co.uk/news/uk-wales-13286685#story\\_continues\\_1](http://www.bbc.co.uk/news/uk-wales-13286685#story_continues_1)

### Fish pedicure safety in question

Health experts are investigating the safety of fish pedicures after concerns that this latest pampering craze could spread infections.

Full Story - <http://www.bbc.co.uk/news/health-12595809>

### Treatment for alcohol abuse in the young criticised

Youngsters tackling alcohol abuse are not receiving the immediate help and support they need in A&E, a new report shows today.

Full Story -

<http://www.independent.co.uk/life-style/health-and-families/health-news/alcohol-abuse-treatment-criticised-in-report-2263893.html>



### Psychologists call for clampdown on YouTube videos that glamorise self-harming

Study finds more than 100 videos that carry little or no warnings seen more than 2.3 million times. Psychologists fear graphic videos may encourage young people to self-harm (posed by model)

Full Story - <http://www.dailymail.co.uk/news/article-1359120/YouTube-self-harming-videos-clampdown-called-psychologists.html#ixzz1NStmBvhT>



## FORTHCOMING CONFERENCES AND EVENTS

16th-17th June 2011

3rd European Conference on Injury Prevention and Safety Promotion: 'Tackling the challenges: implementation of good practices'

Venue: Budapest, Hungary

[http://www.eurocare.org/press/upcoming\\_events/3rd\\_european\\_injury\\_prevention\\_conference\\_16\\_17june\\_2011\\_budapest](http://www.eurocare.org/press/upcoming_events/3rd_european_injury_prevention_conference_16_17june_2011_budapest)

17th June 2011

6th International Conference of the International Network for the Prevention of Elder Abuse (INPEA): 'Elder Abuse: A Worldwide Issue'

Venue: London, UK

<http://www.inpea.net/weaad/weaadregistration.html>



## FORTHCOMING CONFERENCES AND EVENTS

**20th - 26th June 2011**

**Child Safety Week**

<http://www.childsafetyweek.org.uk/child-safety-week/>

**22nd-24th June 2011**

**London Trauma Conference**

Venue: London

<http://www.londontraumaconference.com/>

**28th June 2011**

**Road Safety Conference Wales**

Venue: Cardiff, UK

<http://www.airso.org.uk/>

**30th June 2011**

**9th Road Safety Forum International Congress**

**Youth, gender and road risk**

Venue: Royal College of Surgeons, London, UK

<http://www.brake.org.uk/conferences>

**30th June 2011**

**4th Annual Domestic Violence Symposium**

Venue: Central London

<http://publicpolicyexchange.co.uk/events/BF30-PPE.php>

**6th-9th July 2011**

**16th Annual Congress of the European College of Sport Science**

Venue: Liverpool, UK

<http://www.ecss-congress.eu/2011/>

**13th July 2011**

**Guns, Gangs and Knives: Working in Partnership to Tackle Serious Youth Violence**

Venue: London

<http://publicpolicyexchange.co.uk/events/BG13-PPE.php>

**6th-7th September 2011**

**5th Milestones in a Global Campaign for Violence Prevention Meeting**

Venue: Cape Town, South Africa

[http://www.who.int/violence\\_injury\\_prevention/violence/5th\\_milestones\\_meeting/en/index.html](http://www.who.int/violence_injury_prevention/violence/5th_milestones_meeting/en/index.html)

**6th– 9th September 2011**

**20th Jubilee Safe Community Conference**

Venue: Falun, Sweden

<http://falun.se/safecom>

**2nd—5th October 2011**

**55th Annual Conference of Association for the Advancement of Automotive Medicine (AAAM)**

Venue: Paris, France

<http://www.carcrash.org/>

**11th—12th October 2011**

**Polish Expert Conference 'Alcohol Policy in Poland and around Europe'**

Venue: Poznan, Poland

[http://www.eurocare.org/press/upcoming\\_events/polish\\_expert\\_conference\\_alcohol\\_policy\\_in\\_poland\\_and\\_around\\_europe\\_11\\_12\\_october\\_2011\\_poznan\\_poland](http://www.eurocare.org/press/upcoming_events/polish_expert_conference_alcohol_policy_in_poland_and_around_europe_11_12_october_2011_poznan_poland)



## FORTHCOMING CONFERENCES AND EVENTS

2nd - 4th November 2011

10th National Conference on Injury Prevention and Safety Promotion

Venue: Brisbane, Australia

<http://www.icebergevents.com/injuryprevention2011/Welcome/>

16th – 18th November 2011

Canadian Injury Prevention and Safety Promotion Conference

Venue: Vancouver, Canada

<http://www.injurypreventionconference.ca/>

1st—5th October 2012

11th World Conference on Injury Prevention and Safety Promotion

Venue: Wellington, New Zealand

<http://www.conference.co.nz/worldsafety2012>



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