

CAPT News, January 2005

CAPT News is a regular publication from Child Accident Prevention Trust aimed at keeping people with an interest in preventing accidents and injuries to children abreast of developments at CAPT and elsewhere. If you have news you would like us to include, please send it to news@capt.org.uk.

Our aim is to disseminate information about child accident prevention as widely as possible so we are happy for you to forward this to colleagues or other networks, or use parts of it in your own (non-commercial) publications as you wish. All issues of our newsletters are available on our website as PDF files. Visit <http://www.capt.org.uk/> and click on "CAPT News".

If you do not wish to receive this mailing in future, please see the note at the end of this email, telling you how to remove yourself from the mailing list.

NEWS FROM CAPT
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Child Safety Week

Date for your diary: Child Safety Week 2005 will run from Monday 20 to Sunday 26 June.

You should by now have received the first Child Safety Week mailing, highlighting the theme for the Week "Not every accident is a lucky escape". We have chosen this because we feel that it provides an immediate focus on the issue of accidents using a concept (lucky escapes) with which most people can identify. It also serves as a warning and reminder that while some accidents are indeed lucky escapes, some will inevitably result in a child being seriously hurt or, worse still, killed and that it is therefore important never to become complacent about safety.

We are pleased to announce a new official sponsor for Child Safety Week 2005 - EI Electronics. EI join Bitrex and five government departments in the supporting the Week. To find out more about the Week's official supporters, see the Child Safety Week area of our website <http://www.capt.org.uk/>.

If you are reading a copy of this email forwarded to you by a colleague or have downloaded it from the CAPT News area of our website, we may not have your contact details. Please visit the "Join our mailing list" link on our website and complete the on-line form. Remember that to receive the mailing of free resources, you need to be on our database.

In the mailing was a form to allow you to check that the details we have about you are correct and complete. Please return this form to us in the FREEPOST envelope provided - you will be entered in a draw for one of four £25 Marks and Spencers vouchers plus £25 of CAPT publications if we get it back by Friday, 18 February. We would like the form back even if everything was correct - it tells us you are still involved in child safety.

The free Child Safety Week ideas booklet and poster go to press by the end of February and will be in the hands of everyone on our database by the end of March. (Because of mailing costs, we can only send Child Safety Week resources to UK and BFPO addresses).

Revised CAPT publications list

We have published the 2005 edition of our Publications List. It contains some price changes, including reductions, so please use this from now on. All prices and ordering information are also available through the Publications area of our website <http://www.capt.org.uk/> - and you can download the new list from there.

If you would like to receive a copy of the new list, send a C5 sized self-addressed envelope with 21p of postage to Publications List, Child Accident Prevention Trust, 22-26 Farringdon Lane, London EC1R 3AJ.

Child Safety Week planning days

Child Safety Week planning days are designed to encourage practitioners from a range of sectors to work together to maximise the impact of the Week. They are useful to start or renew partnership working on child accident prevention, for planning sustainable, long term work that can be launched or announced in the Week, or to plan an event.

To find out more about how a planning day can help you, please contact Helen Richardson, CAPT's Training and Events Manager, by email helen@capt.org.uk or tel: 020 7608 7363 (direct line) for a no-obligation discussion.

Pictorial resources project

Thanks to a grant from the Department of Health and support from the national Sure Start Unit, we are developing resources for people who have low reading skills. We have drafted simple text for booklets that will cover the key injury topics relating to babies and toddlers, and have commissioned an illustrator to prepare drawings.

The booklets are being piloted by practitioners and reviewed by people with long experience of working with parents and carers. Although intended for people who do not read English well, we anticipate that they will have wider audiences. We should stress that they are intended primarily for parents and carers whose first language is English.

HDA Evidence and Guidance Collaborating Centre on accidental injuries

Four invitation-only workshops have been held as part of the evidence into practice work being led by Mike Hayes at CAPT. These allow us find out from practitioners what they would do to implement the programmes that the scientific evidence tells us are effective, either in terms of changing injuries or behaviour. Two further workshops are being run in April, in the North East and West Midlands.

The initial assessment of the systematic reviews that cover accidents and injuries to the 15-24 age group is almost complete. Our colleagues at the University of Newcastle who are undertaking this part of the project have found several reviews that meet the selection criteria. These will be consolidated into an evidence briefing that will be published by the Health Development Agency.

The Collaborating Centre's web page is now live on the HDA's corporate website. It is available at http://www.hda.nhs.uk/html/about/accidental-injury_cc.html.

In April, the HDA merges with the National Institute for Clinical Excellence to become the National Institute for Health and Clinical Excellence.

Accident Alert charts now available

In response to a number of requests from practitioners for the resurrection of our Accident Alert charts, we have updated the information on them and are offering them for a limited period on an individual bulk order basis. They can be branded with your organisation's logo (for example, your PCT) alongside the CAPT logo, or can be supplied unbranded, i.e. just with the CAPT logo.

The charts show key hazards and the ages when they are most likely to lead to childhood accidents. They can be used as a tool to talk through hazards with new parents and to leave with them as a reminder, and pinned up in clinics.

You can access a sample chart (showing a PCT's logo) via the home page of our website <http://www.capt.org.uk/>. (Please note that the pdf file is 2.9 Mb. If you have problems downloading this, we have a few printed samples available; send a C5 sized self-addressed envelope with 21p of postage to Accident Alert Chart, Child Accident Prevention Trust, 22-26 Farringdon Lane, London EC1R 3AJ. Alternatively, we can email the file to you as an attachment.)

For price details, please speak to Publication Sales on 020 7608 7368, or email sales@capt.org.uk. If emailing, please supply contact phone number. The minimum order is 500 charts. They can be supplied folded to fit into parent (hand-held) record books (140mm x 148mm). There is a 10 percent discount for orders received by 31 March 2005.

CAPT address

A final reminder that we moved offices in early November to 22-26 Farringdon Lane, London EC1R 3AJ. Our main telephone number stays the same - 020 7608 3828 - and our fax number is still 020 7608 3674. The direct dial numbers of staff have changed; please use our main number if you do not know the new direct number of someone you are trying to contact.

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OTHER NEWS
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Home safety book for pre-school children and their parents

Bradford's local programme Sure Start Manningham has enlisted the help of Hatty the elephant and community arts organisation Artworks to find an exciting new way to teach safety in the home. Hatty (the lovable elephant from the Sure Start Manningham logo) features in a children's book which promotes safety in the home. Davina Hartley (Sure Start's Research Officer) conceived of the innovative idea of using photography to explore

parent's views on safety in the home. Davina recruited groups of mums and dads and through partnership working with artist/photographer Sofia del Rio photos and warning signs were created in a series of workshops during August and September 2004. Everyone decided that the best way to show off the work they had produced was to make a book called 'Hatty says STOP!' The book, which is available in English, Urdu and Sylhetti, will be given out to parents within the sure start area and will be used in fun, interactive workshops for parents and children.

For further information, contact Davina Hartley at Sure Start Manningham on 01274 323611 or email davina.hartley@bradford.nhs.uk.

Then and now

As part of its centenary celebration, Barnardo's has published a report "Then and Now" that looks at vulnerable children one hundred years ago and compares with the situation today. It can be downloaded via <http://www.barnardos.org.uk/howeare/centenary/files/ThenNowReport.pdf>

Key paper on providing safety advice and equipment

Researchers at Nottingham University have published the findings of a study of the effectiveness of providing safety advice and equipment. The intervention that they tested involved a standardised safety consultation and the provision of free and fitted stair gates, fire guards, smoke alarms, cupboard locks, and window locks. The study design was a randomised controlled trial among families living in deprived areas.

The authors report that the intervention resulted in significant improvements in safety practices for up to two years but did not reduce injuries that necessitated medical attendance. Although equipment was provided and fitted free of charge, the observed changes in safety practices may not have been large enough to affect injury rates.

The study was not designed to examine the effects on injury rates of safety equipment in isolation. One should not draw the conclusion from this study that providing equipment, including making sure that it is correctly fitted and stressing the importance of its use, is not worthwhile.

The research reinforces the need to focus on interventions that have been shown to be effective, including home visiting programmes, and also the need to practitioners to evaluate the impact of what they are doing.

"Providing child safety equipment to prevent injuries: randomised controlled trial" by Michael Watson, Denise Kendrick, Carol Coupland et al can be downloaded from the British Medical Journal website: <http://bmj.com/cgi/content/full/330/7484/178?etoc>.

HSE statement on paddling pools, play, risk and safety

The Health and Safety Executive has recently put out a press release which includes the following paragraph. It is of relevance to people in local authorities, those running play-schemes, etc:

"Sensible health and safety is about managing risks, not eliminating them all. HSE is not in the business of stamping out simple pleasures wherever they appear and at whatever cost. We recognise the benefits to children's development of play, which necessarily involves some risk, and this

shouldn't be sacrificed in the pursuit of the unachievable goal of absolute safety. We intend to write to local authorities to clarify the situation."

For the full press release see:

<http://www.hse.gov.uk/press/2005/e05005.htm>.

Guidelines for evaluating road safety education interventions

In 2000, the Government introduced a strategy to reduce the number of people killed or seriously injured in a road accident by 2010. This included a target to halve the number of children killed or seriously injured by 2010. Education measures form part of this strategy to improve the safety of road users. This guidance is designed to help local authorities evaluate their own road safety education

The new guidelines are based upon a critical review of recent developments in evaluation techniques and those already in use over the whole field of education, health and safety research undertaken by an expert in the field of evaluation. They also include advice from evaluators who have tested the techniques on a number of innovative Road Safety Education (RSE) programmes.

The guidance can be downloaded from DfT website:

http://www.dft.gov.uk/stellent/groups/dft_control/documents/contentservertemplate/dft_index.hcst?n=12632&l=2.

Goalpost safety

The Football Association has sent more than a million leaflets to schools and sports clubs warning them of the dangers of home made posts. Research conducted by the FA found that 42% of mini soccer goals, 50% of five a side and 22% of junior goals failed stability tests. To obtain a copy of the FA's goalpost safety leaflet contact emma.clark@TheFA.com. (Source: Injury Prevention News)

Accidents associated with falling goalposts are more common in other parts of Europe with major programmes having been run in Portugal by APSI to highlight the issue. It is not only soccer goals that cause problems - goals for other sports have also been involved.

Farm safety leaflets

The Health and Safety Executive has produced new child safety leaflets for the agricultural community. The new leaflets have been produced by a unique partnership made up of key players in the industry: HSE, Transport & General Workers Union (TGWU), National Farmers Union (NFU), NFU Mutual, ADAS, Women's Food & Farming Union (WFU), Farms for Schools and Cardiff University School of Social Sciences. The HSE hopes that the new leaflets will help to reduce the number of accidents and incidents of ill-health affecting children on farms. The leaflets can be downloaded as pdf files from:

[Farms are not playgrounds - 10 ways you can get hurt on the farm](#) Farm safety advice for children aged 7-11; and [Be responsible - keep children safe on your farm](#) Farm safety advice for adults.

Print quality (300dpi) versions of these leaflets can be provided by emailing Mike Walters at HSE (mike.walters@hse.gsi.gov.uk) stating the name of the leaflet you require.

Northern Ireland Accident Prevention Strategy and Action Plan

The Northern Ireland Home Accident Prevention Strategy and Action Plan has been published by the Northern Ireland Department for Health, Social Services and Public Safety. Their strategy gives particular emphasis to preventing falls, fires, and injuries to children on farms.
<http://www.dhsspsni.gov.uk/publications/2005/HAPS.pdf> (Source: West Yorkshire Injury Prevention News)

Child injury prevention strategy for Scotland

At a seminar held on 8 December 2004 there was discussion about the actions needed to develop a Child Injury Prevention Strategy for Scotland, particularly the actions that the health sector needs to take. There is currently no planned and managed collection of data in Scotland to inform prevention programmes or to monitor progress. A sub-group at the seminar discussed ways in which the available data in Scotland could be improved and agreed to act as a steering group for work being undertaken by the Clinical Data Set Development Programme in Scotland's Information Services Division (ISD) in developing an injury dataset. An A&E system for Scotland has just been commissioned and this, together with an agreed dataset should offer an opportunity to improve the quality of data available. (Source: Rod Muir Consultant in Public Health, ISD, via Injury Prevention News)

Parental attitudes to road safety education

The Scottish Executive has examined parental attitudes to road safety education and what it means to safety professionals and schools. The study focused on parents of children 7-13 and 14-18 years. The report can be accessed via <http://www.scotland.gov.uk/library5/transport/pars-00.asp>. (Source: Injury Prevention News)

European Standard for cords on children's clothes published

Following the efforts of ANEC, the European consumer voice in standardisation, CEN, the European standards organization, drafted a European standard EN 14682 "Safety of children's clothing - cords and drawstrings on children's clothing - Specifications". The standard, which was published in November 2004, deals with the dangers of cords and drawstrings on children's clothing, particularly in the head and neck areas of children's garments. These have a high potential for causing strangulation incidents, and several fatal accidents have occurred in playgrounds.

The standard will:

- ban the use of cords and drawstrings in the head and neck areas of garments for babies and children up to the age of 7
- restrict the use of cords in the head and neck areas for children and young persons aged 7 to 14 (mainly restrictions on length, use of elasticated cords and characteristics of toggles)
- Restrict the use of cords on any part of clothing for children and young persons from 0 to 14 (mainly limits on length and restrictions related to toggles).

ANEC is to ask the European Commission to publish the standard in the EU Official Journal, thereby giving it greater status. ANEC has also suggested

to CEN that there should be further standardisation work on general safety aspects of children's clothing.

Some key aspects of clothing safety in the UK have been covered by government regulations (The Children's Clothing (Hood Cords) Regulations 1976) for many years. CAPT was actively involved in the development of the British Standard BS 7907:1997 Code of practice for the design and manufacture of children's clothing to promote mechanical safety.

Research on swimming pool safety

ANEC has commissioned RoSPA to undertake research on improving the safety of services related to hotel swimming pools. Drowning statistics show that swimming in unsupervised hotel swimming pools poses a major risk especially for foreign tourists in the EU, particularly for children and older people. The research project will use statistically-based accident analysis and accident data collection should cover all EU member states. The aim of the project is to raise the level of safety in hotel swimming pools. The project should be completed by the end of March 2005.

DIARY DATES

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15 February 2005. PACTS Conference - Letting people in on the act, involving local communities more in road safety interventions. London Visit <http://www.pacts.org.uk>.for further information.

28 February - 2 March 2005, RoSPA Road Safety Congress, Brighton
The theme of the 70th Road Safety Congress is "Driving Deaths Down". The organisers pose the questions "Have the 'easy wins' been achieved? Will further reductions be much harder to achieve, especially for drivers, car occupants and motorcyclists?" The review of the Road Safety Strategy highlights the need for further action in key areas, and the Congress will explore what more can be done in these areas to influence driver and rider behaviour to prevent crashes from happening in the first place. Visit the road safety section of the RoSPA website, <http://www.rospace.com/> for more information.

10 - 11 March 2005, Preventing violence: from global perspectives to national action, Liverpool.
A WHO-sponsored conference. More information:
<http://www.preventviolence.info/>.

22 - 23 March 2005. West Yorkshire Community Fire Safety Conference - Making a difference.
West Yorkshire Fire and Rescue Service is holding this conference in Huddersfield for anyone with a role in community fire prevention to look at arson reduction, theatre in education, special needs, child protection and referral system, inter-linked alarms, resources and risk reduction. Contact West Yorkshire Fire Service on 01274 385440.

21 - 22 April 2005, European Conference "Best Practice Risk Assessment in Consumer Safety", Edinburgh.
The Conference will provide an overview of risk assessment procedures applied in settings that have much in common with consumer safety. Presentations will be given on the various risk assessment procedures developed so far for non-food consumer products, and their strengths and weaknesses. Reviewing the requirements of various risk managers, discussion will focus on achieving a common strategy in the use of one or more

preferred methods and a common strategy in the interpretation of the outcome of these procedures.

For more information, contact the Conference secretariat: European Consumer Safety Association (ECOSA), c/o Consumer Safety Institute, PO Box 75169, 1070 AD Amsterdam, The Netherlands. Tel: +31 20 511 4513, fax: +31 20 511 4510, email: secretariat@ecosa.org, or visit <http://www.ecosa.org/csi/ecosa2003.nsf/news>.

9 - 11 May 2005. (US) National Injury Prevention and Control Conference, Denver, Colorado.

The theme of this conference is "Injury and Violence in America: Meeting Challenges, Sharing Solutions. Further details: <http://www.cdc.gov/ncipc/2005conference>.

5 - 8 June 2005, Canadian Multidisciplinary Road Safety Conference, Fredericton, New Brunswick.

Further information: <http://www.carsp.ca/cmrrsc.htm>.

13 - 15 June 2005, 14th International Safe Communities Conference, Bergen Norway.

Further information: <http://www.safebergen.com/>.

20 - 26 June 2005, CHILD SAFETY WEEK 2005

Visit <http://www.capt.org.uk/csweek/main.htm>, the Child Safety Week page of the CAPT website for more information.

5 - 7 October 2005, 13th International Conference on Road Safety - Road Safety on Four Continents. Warsaw, Poland

The conference is organized by the National Swedish Road and Transport Research Institute (VTI), with active involvement of GRSP (Global Road Safety Partnership), FERSI (Forum of European Road Safety Research Institutes), TRB (Transportation Research Board), CSIR of South Africa and ECTRI (European Conferences of Transport Research Institute). The host organisation in Poland includes IBDIM (Road and Bridge Research Institute), Motor Transport Institute, University of Gdansk and Krakow. The themes are

- Transfer of road safety knowledge, how do we accelerate its implementation?

- Do first world answers fit third world problems?

- Exchange of evaluated good practices.

Deadline for paper submission. 15 April 2005. For more information:

<http://www.vti.se/RS4C>.

2 - 4 November 2005, 3rd New Zealand Injury Prevention Conference, Wellington, New Zealand

"Living and playing safely in Aotearoa New Zealand" is the theme of this meeting. Visit the conference website, <http://www.ipn.org.nz>, for more information.

6 - 8 November 2005, The 2005 Canadian Injury Prevention and Safety Promotion Conference Evidence to Action: Injury, Violence and Suicide Prevention

This event is being co-hosted by Safe Communities Foundation, Safe Kids Canada, SMARTRISK and ThinkFirst Canada in Halifax, Nova Scotia. The overall theme for the 2005 Conference is Evidence to Action: Injury, Violence and Suicide Prevention, with all submissions building on the following broad sub-themes:

- Defining the Problem
- Risk and Protective Factors
- Knowledge Mobilization
- Prevention and Promotion

- Research and Evaluation

For further information and to submit an abstract (closing date 30 April 2005) visit <http://www.injurypreventionconference.ca/>.

2 - 5 April 2006. 8th World Conference on Injury Prevention and Safety Promotion, Durban.

Visit <http://www.safety2006.info/index.aspx> for further information and key dates. (Please note that the dates and venue have changed).

This newsletter has been sent to you from Child Accident Prevention Trust, 22-26 Farringdon Lane, London EC1R 3AJ. Registered charity no. 1053549.

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